

Black Lives Matter: Helpful Reading & Video Resources

Reading Resources:

[Canada In Africa: 300 Years of Aid and Exploitation](#) *Yves Engler*

[Groundings with My Brothers](#) *Walter Rodney*

[How Europe Underdeveloped Africa](#) *Walter Rodney*

[Narrative of the Life of Frederick Douglass](#) *Frederick Douglass*

[North of the Color Line: Migration and Black Resistance in Canada](#) *Sarah-Jane Mathieu*

[Policing Black Lives: State Violence in Canada from Slavery to the Present](#) *Robyn Maynard*

[The Book of Negroes](#) *Lawrence Hill*

[The Skin We're In: A Year of Black Resistance and Power](#) *Desmond Cole*

[The Story of Africville](#) *Matthew McRae*

[Viola Desmond's Canada](#) *Graham Reynolds*

Video Resources:

[Fair Argument Against "Systemic Racism"](#)

[Long Road to Justice - The Viola Desmond Story](#)

[North Preston - A Look Past Stigma](#)

[Obama Speaks At Town Hall On Policing and Racism](#)

[Once Upon A Black Halifax](#)

[Racial Profiling by Stores, Landlords, and Companies: Are We Racist?](#)

[Speak it! From the Heart of Black Nova Scotia](#)

[Trevor Noah On George Floyd, Amy Cooper & Racism In Society](#)

[Untitled Land - Elaine Cain's Story](#)

[White Fragility: Why It's So Hard for White People to Talk About Racism](#)